

Lesson 5 July 4, 2021

## **Expressing Thanks**

Leviticus 13:45-46; Luke 17:11-19

Today's Bible lesson will help us explore reasons why only one of ten healed lepers turned back to Jesus in thanksgiving. As we study today's Bible lesson, our contemporary scenario will have us sensing the need in our lives for increased expressions of gratitude to God for His constant care of us.

In Pastor's weekly Bible study series on gratitude, he offered practical tips on how believers can express their gratitude to God. Gratitude, Pastor explained, is really wisdom in action. It recognizes the provisions (wisdom) given to us by God; and the only appropriate response (action) is thanksgiving. Wisdom reminds us of where our blessings come from. Thus, as a benefactor of the goodness of God, every believer should give priority to expressing thanks to God. Pastor encouraged the students to discipline themselves to begin looking at their life through the eyes of gratitude, to see how good God is every day.

Pastor asked the students to select one of the three tips offered during the Bible lesson. Then, for the rest of the week to express their thanksgiving to God. Students were also asked to develop a plan for showing thanksgiving to God and others daily. At the next study session, each student will be given an opportunity to share their stories of how they felt when they consciously spent the day remembering to express their gratitude to God and how others responded when they were shown gratitude.

Deacon Grayson asked, "is gratitude about developing an attitude for gratitude?" Pastor said that having an attitude of gratitude simply means as we become aware of God's love, goodness, and mercy, we begin to recognize the blessings of God. Expressing thanksgiving for all God does should be a way of living (attitude), especially for God's people. Everyone shook their heads in agreement.

## **Discussion Questions:**

- 1. How often do you purposefully enter God's presence to give Him praise and thanksgiving? Explain.
- 2. Give an example of how gratitude was the result of wisdom in action in your life.
- 3. Complete this sentence: "I have so much to be thankful to God because..."