



Lesson 2

September 12, 2021

Celebrating with Enthusiasm

2 Samuel 6:1-5, 14-19

Celebrations can be diverse in form and include various actions. Just like King David expressed his joy and celebration of God by leading God's people in music and dance; in our contemporary story, Sean states that the best way she celebrates God is by artistic expression through movement.

When Sean was a young adult, she visited worship services with her friends and learned about different worship styles. Sean began to gravitate towards the artistic expression of God's Word. She did not pursue this interest until many years later. Sean now loves putting on her favorite gospel music, and she and her children (ages 8-15) dance to it! Sean enrolled the children in a praise dance class. While they learned how to choreograph, most importantly, they asked God's Holy Spirit to flow through them and guide them in their movements.

Sean asked the pastor if she and her children, which she named the "Dancing Like David Troupe," could worship through praise dance. The pastor, who was installed a year ago, told Sean that they could introduce the liturgical dance ministry during his anniversary celebration. Sean shared with the pastor that their hearts were filled with the joy of God and explained how their dancing demonstrated their love and joy to serve God. The pastor shouted, "GLORY TO GOD!" While the pastor had introduced a few changes, he said that a spiritual or liturgical dance ministry was on his heart. Sean introduced the liturgical dancers, read Psalm 149:3-4, and then the Dancing Like David Troupe worshipped God through dance to God's glory! Even for a dignified congregation, members remarked how the dance troupe ushered in the presence of God. Sean's church has fully embraced this ministry and honoring of the Lord through dance.

Discussion Questions:

1. Briefly share a time when you obeyed the prompting of the Holy Spirit to "move" you to action. (For example, praying, decision making, etc.)
2. Discuss how praise dancing is more than just learning a dance—it is allowing the Holy Spirit to "move" you as God leads.
3. Share the last time you took a "dance break" and celebrated God because you were so excited that you just could not contain yourself.